

COLM



COMMUNITY OF LOVE MINISTRIES

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WHERE LOVE LIVES... LOVE FOR GOD... LOVE FOR PEOPLE

**PEELING OFF
THE WORLD:
*Embracing the
Peace Within***

**IT'S GREEK TO ME
*The Authority
and Power
of Every Believer!***

**PRAYER AT THE
BRIDGE OF
TRANSITION**

WHEN GOD REBUILDS THE BRIDGE
“Every bridge must be tested before it can be trusted.”

**THE TEMPLE DIET:
Treating Your Body
Like God's House
Instead of a Storage Unit**

THIS IS HOW I SEE IT...

Vashti

We have all been blessed to have
our own opinion, perspective,
or point-of-view.....

It's not necessary that we all agree.

It is my hope that you see
the truth within my words for
this is how I see it....

bycherylvashiti

WHEN GOD REBUILDS THE BRIDGE

“Every bridge must be tested before it can be TRUSTED.”

There are seasons when God pauses our movement, not to delay us, but to reveal the bridge beneath our feet. Many of us have spent years crossing bridges built from what we thought was faith—bridges made of strong promises, familiar patterns, and our best understanding of how life was supposed to hold together. They served us for a while. But eventually, weight reveals truth.

A bridge may look solid until pressure exposes what it's truly made of. When the seasons change and the water beneath rises, God allows the strain to test what was built. Not to punish us, but to prepare us. He knows that some of what we've built out of routine, reasoning, or even religion cannot carry us into where He's taking us next.

So He begins the rebuilding process—quietly, patiently, personally.

We often think of bridges as physical crossings, but the most important ones are internal. They live in the unseen spaces between our past and purpose, pain and peace, will and His will. These are the bridges God inspects most carefully—because the next season of our life depends on them.

Sometimes, He finds the bridge we built strong, woven with faith and trust. Other times, He finds that we've replaced the rope of faith with the plastic of comfort—trying to make life easier, more predictable, less dependent on Him. Yet when the storms come, the imitation gives way. And that's when we discover: what we build in our own strength may look sturdy, but only what's built in the Spirit can hold divine weight.

Before God rebuilds the bridge, He often cleanses the space beneath it. He brings things to the surface we'd rather keep hidden—the hurt, the resentment, the quiet pride we call perseverance. It can be humbling when the mess appears, but Heaven doesn't

shame us for the things that were once hidden; it hands us the towel of grace and says, “Let Me help you clean this together.”

The kitchen of our soul—the place where we prepare what we feed others—becomes His workshop. It’s there He reconstructs our balance, teaching us to trust His footing again. The bridge He rebuilds isn’t just for us to cross; it’s also for others who will follow.

And when His rebuilding is complete, the bridge no longer dips under pressure. It no longer trembles at the weight of what we carry. It stands firm—because it’s been reforged by love, anchored in truth, and tested by grace.

We will always build bridges in this life—between people, between old and new, between what was and what will be. But only one bridge leads us safely home: the one God builds Himself.

So if you find yourself standing before a bridge that looks unstable, don’t panic. It might not be a sign of collapse; it might be the sound of construction. God’s working on the structure beneath your steps. Let Him rebuild it. Trust Him with the process. Because when He’s finished, you won’t just cross the bridge—you’ll become one.

When we let God rebuild what’s been holding us, He doesn’t just restore our path—He restores our peace.

THIS IS HOW I SEE IT

PRAYER AT THE BRIDGE OF TRANSITION

Father,

Thank You for showing me the bridges that can no longer bear the weight of my life.

Forgive me for the ones I built out of fear, comfort, or control.

Teach me to trust the path You are rebuilding—even when it sways beneath me.

When I feel the dip, remind me it’s only Your glory testing my faith.

Rebuild the bridge within me—one made of surrender, not striving; one bound by love, not labor.

Help me walk in balance, cross with discernment, and lead others safely across.

May every step I take be anchored in Your Spirit, and every bridge I build lead others closer to You.

In Jesus’ Name, Amen.



“Every bridge
GOD REBUILDS
carries
the strength of LOVE,
the balance of TRUST,
and the promise of
SAFE PASSAGE.”



“IT’S GREEK TO ME” THE AUTHORITY AND POWER OF EVERY BELIEVER!

by michaelgordon

“Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.” — Luke 10:19 (KJV)

Every believer has been entrusted with divine authority and supernatural power! From the very beginning, in the book of Genesis, God declared that humanity was created in His image and likeness—a reflection of His nature and a vessel of His authority. He placed the earth under man’s dominion, granting not just responsibility, but rulership under His command.

Through Jesus Christ, that original authority was restored. The same power that raised Jesus from the dead now lives within us! (Romans 8:11) That’s not a metaphor—it’s spiritual reality. We are not helpless or defeated; we are equipped, authorized, and covered by divine strength.

“Exousia” — Delegated Authority

In Luke 10:19, the first “power” Jesus mentions—**“Behold, I give unto you power to tread...”**—comes from the Greek word Exousia (ἐξουσία), meaning delegated authority or the right to act on behalf of another.

Think of a police officer standing in the middle of a busy intersection. When he raises his hand, traffic stops—not because he’s physically stronger than the cars, but because his badge represents the full authority of the law behind him. Likewise, we as believers carry the authority of Heaven. When we speak in faith, we’re not speaking on our own behalf—we are enforcing the authority delegated to us through Jesus Christ.

“Dunamis” — Explosive Power

The second “power”—**“over all the power of the enemy”**—is the Greek word Dunamis (δύναμις), meaning force, ability, or miraculous power. This is the same word used in Acts 1:8: **“But you shall receive power after the Holy Ghost has come upon you.”**

If Exousia is the badge of authority, Dunamis is the weapon of enforcement. Authority

gives the right to command; power gives the ability to make it happen. The Holy Spirit within us is that explosive power—divine energy that enforces what our faith declares.

Heaven Moves When We Do

Too often, believers live beneath their spiritual inheritance, speaking as though the battle is lost when Christ has already declared, “It is finished.” We ask God to do what He’s already empowered us to do. Heaven responds to faith in action—“whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven” (Matthew 18:18).

It's not arrogance—it's awareness.

The Kingdom of God is not passive; it is forceful, and we are its representatives on earth. You have been authorized to silence chaos, command peace, and rebuke every work of darkness. Speak to your circumstances with the confidence of someone backed by Heaven itself.

You have authority. You have power.
Now—it's time to use both.

Don't wait for power to show up—you already carry it. Walk in the authority of Christ and the power of the Holy Spirit.

Speak boldly, pray with confidence, and live as one who Heaven recognizes and Hell fears.

“Power flows from identity.

When you know who you are in Christ, you stop asking for permission to win.”



PRAYER: Walking in Divine Authority

Father, thank You for entrusting me with the authority of Heaven and the power of Your Spirit.

Remind me daily that I am not weak or unworthy, but chosen and equipped to speak life, release peace, and subdue darkness.

Teach me to move when You say move, to command what aligns with Your Word, and to trust that Heaven backs every word spoken in faith.

In Jesus' name—Amen.



Peeling Off the World: Embracing the Peace Within

by cherylvashii

Have you ever found yourself back in a place you thought you had already grown past—a place of doubt, fear, or emotional weight that you thought was behind you?

I've lived there. And truthfully, I still get caught off guard and sink, visiting that place from time to time.

But each time I do, God gently reminds me that it is in His strength that we live, move, and have our being (Acts 17:28). It's in Him that we find peace, especially now.

It's not the world's peace. It's the peace that goes beyond human understanding (Philippians 4:7). It is Jesus' peace—the very peace He left with us (John 14:27). He doesn't expect us to make sense of it, because it surpasses the limited peace the world offers. He simply wants us to trust it, accept it, rest in it, and enjoy the benefits that come with it.

It is no longer I who live, but Christ—the Anointed One—who lives in me and keeps me afloat (Galatians 2:20). The world is what it is, and we've had many former days that didn't look or feel like what we're experiencing now. But God is calling us to peel away from the world and the emotional attachments we've formed, and give Him full access to our hearts and emotions (Romans 12:2, Ezekiel 36:26).

Jesus' death opened the door wide. By accepting His truth, we now have full access to the Holy Spirit (John 14:26, Ephesians 2:18). And the Spirit faithfully reminds us who we are, and of the power of the investment God placed within us (2 Corinthians 4:7, Romans 8:11).

We must unlearn what the world taught us and begin to see and respond from the new heart He has given us (Ezekiel 11:19). That means dying daily to yesterday's so-called truths, and embracing The Truth of what God says about us (1 Corinthians 15:31, John 17:17).

We learn as we release. We release as we become aware. And that awareness is often born through the very experiences you've shared. But take heart—God has a better truth for you. His truth. And He lovingly invites you to walk in the Spirit of that truth and not in the frailty of flesh (Romans 8:1, Galatians 5:16).

"He simply wants us to trust it, accept it, rest in it, and enjoy the benefits that come with it."

This week, pause and ask yourself: What emotional attachments am I still holding onto that the Spirit is asking me to release? Let God lead you gently into His truth. Rest in the peace He freely gave you.



THE TEMPLE DIET: TREATING YOUR BODY LIKE GOD'S HOUSE INSTEAD OF A STORAGE UNIT

bymichaelaarongordon

If your body is a temple, what kind of church service are you running in there? For some of us, it's more like a storage unit for processed snacks and late-night drive-thru runs. Don't worry, though—God's grace (and green juice) are both available daily.

The Bible tells us our body is the temple of the Holy Spirit (1 Corinthians 6:19). That means how we feed it, move it, and rest it reflects the respect we have for what God gave us. When you think of it that way, food becomes more than fuel—it's worship.

1. Real Food for Real Bodies

God didn't make potato chips in Genesis. He gave us fruits, herbs, seeds, and grains straight from the earth. When you start eating foods that come from soil instead of factories, your body responds with energy, clarity, and peace.

2. Fasting and Discipline

Fasting isn't punishment—it's purification. Taking a break from constant snacking allows your body to repair and your spirit to reset. Even a 12 to 17-hour fast helps the body detox and the mind focus.

3. Movement as Worship

You don't need a gym membership to move. A walk outside, deep stretches, or even dancing to your favorite song can be a joyful expression of gratitude for the gift of mobility.

4. Rest Without Guilt

Rest isn't laziness—it's obedience. Even God rested. Sleep, stillness, and silence help your body heal and your mind reconnect to purpose.

Final Thought:

Your body isn't a dumpster; it's divine real estate. Feed it what God made, move it with gratitude, and rest it with intention. That's the real Temple Diet.

And as always, If God didn't make it, I don't take it.

♥ PRAYER REQUEST ♥

KINGDOM AWARENESS IN THE CHURCHES
MARRIAGES - OUR NATION / AMERICA
OUR INDIVIDUAL FAMILY UNITY
OUR CHILDREN
PASTORS AND LAY MEMBERS
PRESIDENT TRUMP AND FAMILY
MAYOR BRANDON JOHNSON
GOVERNOR • SUPERINTENDENT OF POLICE
BUSINESSES AND SCHOOLS
THE HOMELESS / THE SICK/THE BEREAVED
THE CITY OF CHICAGO
OUR INDIVIDUAL NEIGHBORHOODS
OUR NEIGHBORS
THE POLICE AND THE PEOPLE
DOCTORS AND NURSES
FIREMAN AND FIRST RESPONDERS
PARAMEDICS / LAWYERS
PRAY FOR ONE ANOTHER

PLAN OF SALVATION

Jesus loved you enough to die for YOU so that you could have eternal life. (John 3:16) If you believe on the Lord Jesus Christ, He will come into your life now. (Acts 16:33; Luke 13:3) Just do these four things to begin your new life in Christ.

1. Realize that God loves you and has a good plan for your life. (John 3:16; Romans 10:10)
2. Realize that Man is sinful and separated from God and, therefore, cannot know or experience God's love and plan. (Romans 3:23; Romans 6:23)
3. Realize that Jesus Christ is God's only provision for man's sin. Only through Him can you know and experience God's love and plan. (Romans 5:5; 1 Corinthians 15:3-6)
4. Realize that we must individually receive Jesus Christ as Savior and Lord. Then we can know and experience God's love and plan for our lives. (John 1:12; Ephesians 2:8-9; John 3:1-8)

If you are ready, I invite you to pray this prayer and God will come into your life right now: *Lord Jesus, I need You. Thank You for dying on the cross for my sins. I open the door of my life and receive You as my Lord and Savior. Thank You for forgiving my sins and giving me eternal life. Take control of my life and make me the kind of person You want me to be.*



To view our "Voices of Fatherless Child" project scan the QR code or go on YouTube to:
<https://www.youtube.com/watch?v=10y6RXEnM8E>



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